

The Ultimate List of Brown Bag Lunches

Main Dish

PEANUT BUTTER AND JELLY
CHEESEBURGER
CHICKEN NUGGETS
TACOS
PIZZA
LUNCH MEAT WRAP
PORK FRIED RICE
BLT/CLUB
SOUP AND GRILLED CHEESE
CHILI
CHARCUTERIE
SPAGHETTI
PINWHEELS/ROLL UPS
PASTA SALAD
RAMEN
SLIDERS
BREAKFAST
CHICKEN SALAD
RAVIOLI
QUESADILLAS
GYRO
LOADED DEVEILED EGGS
FRENCH DIP
MACARONI AND CHEESE
RICE BOWL
SUBMARINE SANDWICH
HOT DOGS/BRATS
TORTELLINI
LEFTOVERS

Vegetables

BROCCOLI
CARROTS
CELERY WITH PEANUT BUTTER
MINI PEPPERS
HASHBROWNS
RADISHES
STEAMED VEGGIES
LETTUCE SALAD
SALSA
GUACAMOLE
COUNTRY POTATOES
CUCUMBERS
PICKLES
ZUCCHINI NOODLES
SQUASH
CAULIFLOWER RICE
VEGGIE STRAWS
BRUSSEL SPROUTS
SWEET POTATO FRIES
FRENCH FRIES
BRUSCHETTA
COOKED GREENS
CABBAGE
SNAP PEAS
BEETS
COLESLAW
SAUTÉED MUSHROOMS
BANANA PEPPERS
SAUERKRAUT

Fruits

APPLE SLICES
ORANGE
BANANA
GRAPES
FRUIT PIZZA
BERRIES
MANGO
AVOCADO
FRUIT LEATHER
DRIED FRUIT
PINEAPPLE
FRUIT SALSA
MELON
PEARS
PEACHES
FRUIT COCKTAIL
APPLESAUCE
OLIVES
BABY TOMATOES
KIWI
FRUIT SALAD
BANANA CHIPS
FREEZE DRIED FRUIT
FRUIT BARK
DEVEILED STRAWBERRIES
APPLE NACHOS
SUGAR FREE FRUIT SNACKS
DRAGON FRUIT
JELLO SALAD

Grains and Legumes

BREAD
HAMBURGER BUNS
HOAGIES
CORN CASSEROLE
HOT DOG BUNS
GARLIC BREAD
TORTILLA CHIPS
FLATBREAD
BAKED BEANS
CHIPS
PUFFCORN
WHITE RICE
CREAMED CORN
QUINOA
BLACK BEANS
NOODLES
ORZO
REFRIED BEANS
RICE PILAF
BROWN RICE
NAAN
CRACKERS
BREADSTICK
DINNER ROLL
CORNBREAD
CROUTONS
TORTILLA
GRAHAM CRACKERS
CORN ON THE COB
CORN SALSA
CILANTRO LIME RICE
PRETZELS
WHEAT THINS
POPCORN
MEXICAN STREET CORN

Dairy

YOGURT
CHEESE STICK
PARFAITS
YOGURT COVERED RAISINS
CHEESE CUBES
BABYBEL WHEELS
CHEESE CRISPS
CHEDDAR
MOZZARELLA
GOUDA
SWISS
YOGURT COVERED PRETZELS
HAVARTI
COLBY JACK
PARMESAN
GO-GURT
MINI CHEESEBALLS
NACHO DIP
QUESO
CREAM CHEESE
CHIA PUDDING
LAUGHING COW WEDGE

Drinks

BOTTLED WATER
JUICE BOX
SMOOTHIE
SPORTS DRINK
SODA POP
SELTZER WATER
CAPRI SUN
CRYSTAL LIGHT
KOMBUCHA
ICED TEA

Nuts and Seeds

ALMONDS
CASHEWS
PEANUTS
WALNUTS
SUNFLOWER SEEDS
PUMPKIN SEEDS
PEPITAS
KIND BARS
MACADAMIAS
HAZELNUTS
PECANS
SPICED MIXED NUTS
PISTACHIOS
COCONUT
SESAME SEEDS
FLAX SEEDS

Treats

RICE KRISPY
OREOS
HOMEMADE COOKIES
MUFFINS
FRUIT ROLL UP
GUMMIES
BROWNIE
CANDY PIECE
PIE SLICE
CHOCOLATE BAR
ENERGY BALLS
CHOCOLATE COVERED FRUIT
CHOCOLATE COVERED PRETZELS
DESSERT SUSHI
BAKED BARS
CANDIED NUTS